

# SOUTH PUGET SOUND LEAGUE - 2011/2012 SCHOOL YEAR

## Puget Division

Bethel  
Cedarcrest  
Cougar Mtn.  
Frontier  
Liberty  
Spanaway

(Second of Two Year Schedule)

## WRESTLING

First Practice: Wednesday, November 2, 2010  
Minimum Required Practice Days: 10  
Starting Time (unless otherwise noted): 3:30  
Commissioner: Dan Monta  
Preseason Meeting:  
Post Season Meeting: TBD  
Coordinating Schools: Cedarcrest

Update 6-16-11

## PUGET DIVISION

1. **Friday, Nov. 18**  
VARSITY Take Down Tourney  
CJH
2. **Tuesday, Nov. 29**  
Frontier @ Spanaway  
Liberty @ Bethel  
Cougar Mountain @ Cedarcrest  
Non - League
3. **Friday, Dec. 2**  
Spanaway @ Cedarcrest  
Cougar Mountain @ Liberty  
Frontier @ Bethel  
Non-League
4. **Tuesday, Dec. 6**  
Cougar Mountain @ Frontier  
Spanaway @ Bethel  
Cedarcrest @ Liberty  
Non-League
5. **Thursday, Dec. 8**  
Liberty @ Spanaway  
Bethel @ Cougar Mountain  
Frontier @ Cedarcrest
6. **Tuesday, Dec. 13**  
JV Classic @ Liberty
7. **Thursday, Dec. 15**  
Spanaway @ Frontier  
Cedarcrest @ Cougar Mountain  
Bethel @ Liberty
8. **Monday, Dec. 19**  
Holiday Dual @ BHS
9. **Thursday, Jan. 5**  
Cougar Mountain @ Liberty  
Cedarcrest @ Spanaway  
Bethel @ Frontier
10. **Tuesday, Jan. 10**  
Frontier @ Cougar Mountain  
Bethel @ Spanaway  
Liberty @ Cedarcrest
11. **Friday, Jan. 13**  
Cedarcrest @ Bethel  
Spanaway @ Cougar Mountain  
Liberty @ Frontier
12. **Saturday, Jan. 21**  
Varsity Tournament @ Spanaway Lake