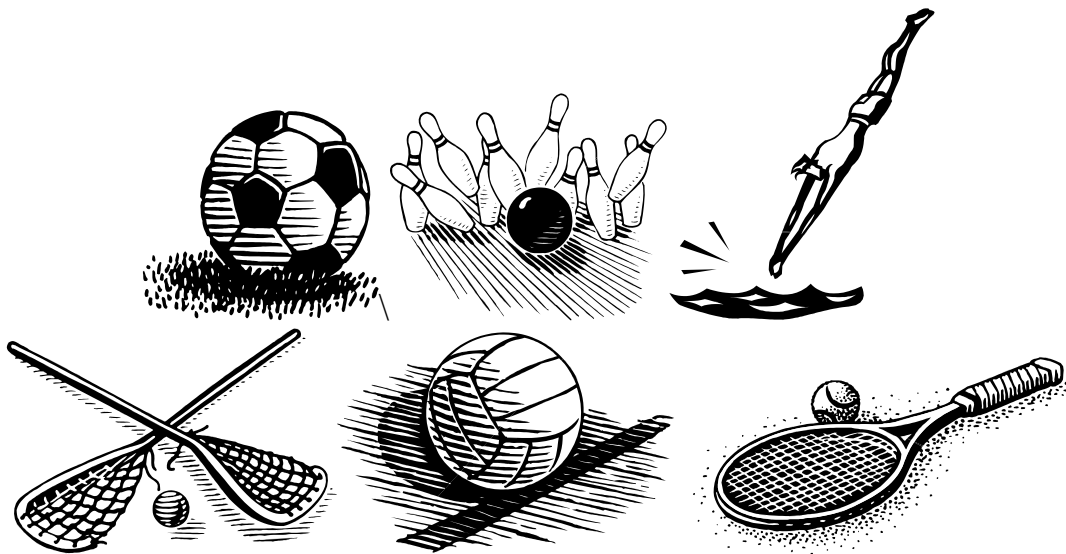


2007-2008
BETHEL SCHOOL
DISTRICT
ATHLETIC HANDBOOK



Bethel School District #403 Athletic Handbook

Table of Contents

Section I: Athletic Code, Athletic Philosophy, Coach/Parent Expectations	
Athletic Philosophy.....	2
Coach/Parent Expectations.....	3
Code of Conduct.....	4
Section II: Student Standards for Athletic Eligibility	
A. Scholarship.....	7
B. Age Limits.....	7
C. Athletic Registration/Physical Examination.....	7
D. Insurance.....	7
E. Health Insurance Portability and Accountability Act (HIPPA).....	8
F. ASB Card.....	8
G. Participation Fee	8
H. Residence Rule.....	8
I. Home School Students.....	8
J. Summer Sports Camps.....	9
Section III: Attendance Policy.....	9
Section IV: School Issued Equipment.....	9
Section V: Travel.....	9
Section VI: Amateur Standing.....	9
Section VII: 9 th Grade Participation at the High School Level.....	10
Section VIII: 7 th /8 th Grade Participation on Junior High Varsity and JV Teams.....	10
Section IX: Grievance Procedure for Athletic Suspension.....	10
Section X: Varsity Letter Requirements.....	10

After reading this Handbook, detach the last two (2) pages (**physical examination form and Extracurricular Signature Approval Form**), and fill in all the requested information. Obtain all signatures as indicated and return the completed forms to your school Athletic Coordinator prior to your first practice.

BETHEL SCHOOL DISTRICT ATHLETIC PHILOSOPHY

The Bethel School District believes athletics are a vital part of the education of our students. The District is committed to providing an athletic program that supports cultural diversity and gender equity among its student athletes and athletics staff. The pursuit of excellence has been a cornerstone of the Bethel School District. The athletic program is an additional way in which the Bethel School District provides that challenge.

Objectives of Bethel School District Athletics:

- To provide opportunities for a maximum number of students to participate in a wide variety of individual and team sports that meet student interests and needs.
- To support an athletic program that provides equal athletic opportunity for members of both sexes.
- To instill respect and appreciation for diversity.
- To develop self-discipline, the spirit of cooperation, respect for others, courtesy, good sportsmanship, dependability, pride, loyalty, teamwork, and the understanding of fair play.
- To instill an appreciation of and a commitment to lifetime physical fitness through a broad range of opportunities.
- To teach the rules, basic skills, and safety requirements of common sports.
- To insure every effort will be made to support the athletic program with the best facilities and equipment.
- To provide the most qualified athletics staff available to provide guidance in the development of self-realization, good sportsmanship, cooperation, leadership, and ethical behavior.
- To make the Bethel School District School athletic experience one of enjoyment, opportunity, satisfaction, and personal fulfillment.

All interscholastic activities and events will be in compliance with the rules and regulations of the Washington Interscholastic Activities Association (WIAA). The interscholastic athletic program shall be conducted in accordance with existing Board policies, rules and regulations.

Coach/Parent Expectations

I. When your children become involved in the Bethel School District Athletic Program, you have the right to understand what expectations are placed on your child. This begins with clear communication from the coach.

Communication you should expect from your child's coach:

- 1) Philosophy of the coach
- 2) Locations and times of all practices and contests
- 3) Procedure followed should your child be injured during participation
- 4) Team requirements: e.g., practices, special equipment, out-of-season conditioning, team rules
- 5) Discipline that may result in the denial of your child's participation

Communication coaches expect from parents:

- 1) Concerns expressed directly to the coach through an appropriately scheduled conference
- 2) Notification of any schedule conflicts well in advance
- 3) Specific concerns with regard to a coach's philosophy and/or expectations
- 4) Parents are to notify the coach of any injury or illness**

II. Coaches make judgments based on what they believe is best for the team and all students involved. Certain issues can and should be discussed with your child's coach. At these times, discussion with the coach is encouraged.

Examples:

- 1) The treatment of your child, mentally or physically
- 2) Ways to help your child improve
- 3) Concerns about your child's attitude
- 4) Academic support and college opportunities

There are situations that may require a conference between the coach and the parent. It is important that both parties involved have a clear understanding of the other's position. Coach/Parent Conferences are encouraged and when a conference is necessary, the following procedures should be followed to help promote communication and resolution:

- (1) **Do not attempt to contact a coach immediately before or after a contest or practice.** These can be emotional times for both the parent and coach. Meetings of this nature generally do not promote resolution.
- (2) Call the school to set up an appointment.
- (3) If the coach cannot be reached, call the building Athletic Coordinator. A meeting will be set up for you.

If the meeting with the coach did not provide a satisfactory resolution, the next step is to set up an appointment with the building Athletic Coordinator to discuss the situation. If satisfaction is still not achieved, call the District level administrator to set up an appointment for further discussion.

Our goal is to make you and your child's experience with the Bethel School District Athletic Program a rewarding and enjoyable one.

CODE OF CONDUCT

All students who participate in the athletic program of the Bethel School District will comply with the rules and regulations and will submit to the reasonable discipline of school authorities. **Any student having registered and/or participated in the athletic program is subject to the athletic code of conduct for student athletes from the first participation until graduation from senior high school.**

Any student who willfully performs an act which materially interferes with or is detrimental to the orderly operation of a school's educational and athletic program will be subject to athletic discipline, probation, suspension or expulsion. Such acts shall include, but not be limited to those described below.

The following acts by a student athlete on school premises (or in reasonable proximity thereto), or off of school premises at any school-sponsored activity will constitute sufficient cause for athletic discipline, probation, suspension or expulsion: disruptive conduct; disobedience of reasonable instructions of school authorities; refusal to identify oneself; unauthorized absence from turnout or game; cheating; immoral conduct; vulgarity or profanity; destruction or defacing of property; extortion, intimidation or harassment (including racial/gender) of another student or employee; assault of another student or employee; stealing; possession or use of any dangerous weapons or objects and; the commission of any criminal act as defined by law.

The following acts by a student athlete on or off school premises will constitute sufficient cause for athletic probation, suspension or expulsion: use, sale or possession of tobacco; use, sale or possession of alcoholic beverages; use, sale, possession of drugs and/or related paraphernalia. Possession includes both physical and constructive possession.

Any athlete involved in conduct which results in the imposition of disciplinary action by the school may be declared ineligible for the next interscholastic contest for which he/she is eligible. If an athlete is suspended from school for disciplinary reasons for any length of time during a sports season, the athlete will be placed on probation for up to a maximum of sixty (60) school days and may miss a least the first contest following the suspension. Subsequent school suspensions may result in athletic suspension from all sports in the Bethel School District for up to one (1) calendar year (365 consecutive days).

CODE OF CONDUCT DEFINITIONS/TERMS

- Athletic Suspension – is a disciplinary action that results in removal from athletic participation for a specified number of turnout days, the duration which may extend beyond the current season. The principal may direct that the suspended student athlete may take part in team turnouts and meeting. The suspended student athlete is not allowed to participate in any game/contest related activities.
- Athletic Expulsion – is a disciplinary action that results in the complete denial of the privilege to participate in the athletic program for an indefinite period of time.
- Athletic Probation – is a disciplinary action consisting of a trial period during which an athlete remains part of the team and attempts to correct his/her deficiencies in a prescribed amount of time.
- In Season – begins with the first WIAA allowed practice day and ends with the awards ceremony (banquet) for that sport. In the event of no season-ending banquet or a banquet held prior to the last competition, the ending date will be after the last scheduled event for that sport.
- Out of Season – any time not in season, as defined by WIAA sport seasons and ending with the last student school day in the Bethel School District.
- Completed Season – a season in which a student athlete begins the season within the first week of the turnout and completes the season, in good standing, without interruption, until the last scheduled contest or banquet, whichever is later.

ALCOHOL AND/ OR SUBSTANCE ABUSE DEFINITIONS/TERMS

- Alcohol/Drugs – A student shall not knowingly possess, use, transmit, be under the influence of, or show evidence of having used any narcotic drug, hallucinogenic drug, controlled substance, amphetamine, barbiturate, marijuana, alcoholic beverage (or intoxicant of any kind), or any substance purported to be such. Use of a drug authorized by a medical prescription from a registered physician shall not be considered a violation of this rule.
- Actual Possession – the act of having a substance in one's custody or control. Actual possession occurs when the item is in the physical custody of the person charged with possession.
- Constructive Possession – in the absence of physical possession, if there is dominion and control over the substance – such as knowledge that alcohol, tobacco, legend drugs or illegal substances are available and /or being used by others – student athletes have a responsibility to remove themselves, beyond all reasonable doubt and proximity, from that situation. At off campus events, where drugs, alcohol or other illegal substances are evident, student athletes who have made a willful choice to remain at the event, are in violation of the rule.

- Discovery – Investigative – the process by which an administrator/coach arrives at a conclusion regarding a student’s involvement in an athletic code infraction. The decision will be based on evidence, either verbal or written.
- Discovery – Self-Admittance – student athletes who admit to their involvement in an athletic code infraction and who are cooperative and honest in the investigative process regarding alleged code infractions.
- Discovery - Self-Referral – a student athlete who reports self-infractions to the school administrator prior to any investigation or inquiry by school administration.

ALCOHOL, TOBACCO AND/OR SUBSTANCE ABUSE

For on or off campus violations in regard to alcohol, tobacco, and/or substance abuse for student athletes, the sanctions will apply:

First Violation: In Season – Senior High School

Discovery	Actual Possession/Use/Sale	Constructive Possession
Investigative	Athletic Expulsion – 60 calendar days or length of current season, whichever is longer	Athletic Expulsion – 45 calendar days or length of current season, whichever is longer
Self-Admittance	Athletic Suspension - 60 calendar days/ 30 days maximum may be held in abeyance by the principal	Athletic Suspension – 45 calendar days/ 30 days maximum may be held in abeyance by the principal
Self-Referral	Athletic Suspension - 60 calendar days/45 days maximum may be held in abeyance by the principal	Athletic Suspension - 45 calendar days/35 days maximum may be held in abeyance by the principal

First Violation: In Season – Junior High School

Discovery	Actual Possession/Use/Sale	Constructive Possession
Investigative	Athletic Expulsion - 25 calendar days or length of current season, whichever is longer	Athletic Expulsion - 20 calendar days or length current season, whichever is longer
Self-Admittance	Athletic Suspension - 25 calendar days/ 10 days maximum may be held in abeyance by the principal	Athletic Suspension – 20 calendar days/ 12 days maximum may be held in abeyance by the principal
Self-Referral	Athletic Suspension - 25 calendar days/15 days Maximum may be held in abeyance by the principal	Athletic Suspension - 20 days/15 days maximum may be held in abeyance by the principal

First Violation: Out of Season

The student athlete will be placed on athletic suspension for the first fifteen turnout days during the next sports season in which the student athlete participates and completes in good standing. The student may participate in turnouts during this time if approved by the principal, but shall not participate in any contests during the suspension. In the event that a contest does not occur during time of suspension, the student athlete will miss the first interscholastic contest to follow the suspension.

Second Violation: In Season or Out of Season

Whether in or out of season, a second violation of the athletic code will result in athletic expulsion from all sports in the Bethel School District for one calendar year. If a student athlete completes tobacco, drug/alcohol dependency assessment and subsequent recommendations, the principal may reduce the sanction to suspension from the first 50% of game/contests for the next completed sports season.

Third Violation: In Season or Out of Season

The athlete will lose athletic eligibility for the remainder of his/her enrollment in the Bethel School District.

LEGEND DRUGS AND CONTROLLED SUBSTANCES

Penalties for the possession, use or sale of legend drugs (drugs obtained through prescription, RCW 69.1.020-050) and controlled substances (RCW 69.50) shall be as follows:

1st Violation — A participant shall be immediately ineligible for interscholastic competition in the current interscholastic sports program for the remainder of the season. Ineligibility shall continue until the next sports season in which the participant wishes to participate. In order to be eligible to participate in the next interscholastic sports season, the student athlete shall meet with the school eligibility board consisting of coaches and administrators selected by the principal, to request approval to participate. The school eligibility board will recommend to the principal appropriate action to be taken in the student athlete's case. The school principal shall have the final authority as to the student athlete's participation in the interscholastic sports program.

A participant who seeks and receives help for a problem with use of legend drugs (RCW 69.41.010 identified substances) or controlled substances and controlled substance analogs (RCW 69.50.101) shall be given the opportunity for assistance through the school and/or community agencies. In no instance shall participation in a school and/or community approved assistance program excuse a student athlete from subsequent compliance with this regulation. However, successful utilization of such an opportunity or compliance with athletic code by the student athlete may allow him/her to have eligibility re-instated in the athletic program, pending recommendation by the school eligibility authority.

2nd Violation — A participant who again violates any provision of RCW 69.41.020 through 69.41.050 or of RCW 69.50 shall be ineligible for interscholastic competition for a period of one (1) calendar year from the date of the second violation.

3rd Violation — A participant who violates for a third time RCW 69.41.020-69.41.050 or of RCW 69.50 shall be permanently ineligible for interscholastic competition.

PROCEDURES FOR DISCIPLINARY ACTION

- 1) Athletic disciplinary offenses are cumulative during junior high participation as well as senior high participation. **9th grade students are considered high school students and any offense during the 9th grade year is cumulative toward their senior high participation.** Students under athletic sanction at the end of junior high school must complete the required disciplinary action.
- 2) A building Administrator may consult with the Athletic Coordinator and/or the Head Coach to determine disciplinary action resulting from violation of Bethel School District rules within three (3) school days of learning of the violation. A copy of the disciplinary action will be placed in the student's school discipline file and sent to the District Athletic Director.
- 3) For first violations of the tobacco, alcoholic beverages and/or substance rules, athletes have the option available to participate in and complete a school approved drug/alcohol/tobacco assessment program. Participation in this assessment option will not preclude a minimum athletic probation period of five (5) school days and one (1) contest which must be precluded before participation resumes. In addition, athletes who voluntarily come forth seeking help for substance abuse problems may be granted immunity from disciplinary sanctions under the athletic code if they go through an assessment and enter a rehabilitation program.
- 4) Athletes and parents will be notified of reasons for and types of disciplinary actions. A grievance procedure, as described in the Student Athletic Handbook will be followed for any athlete excluded from a sport, if so requested in writing to the building Principal or Designee within five (5) school business days.

COACH/TEAM RULES

An athlete will abide by specific team rules formulated by the coach who has the responsibility for an athlete who violated these rules.

TRANSFER RULE

Athletic suspension or probations which have been imposed by other school districts on students transferring into the Bethel School District will be honored.

AWARDS

If an athlete is on suspension at the conclusion of a sports season, the Head Coach may forfeit the athlete's privilege of earning a school letter, certificate or any other school athletic award.

SECTION II – Student Standards for Athletic Eligibility

(Eligibility requirements are established in accordance with Article 18 of the Washington Interscholastic Activities Association Handbook.)

A. Scholarship

In order to maintain athletic eligibility during the current semester/trimester, the student shall maintain passing grades in a minimum of:

- 3 classes in a 4 period class schedule
- 3 classes in a 5 period class schedule
- 4 classes in a 6 period class schedule
- 5 classes in a 7 period class schedule
- 5 classes in an 8 period class schedule

RUNNING START COURSES	EQUIVALENT
2 -5 credit quarter classes	2 high school credits
2 -3 credit semester classes	2 high school credits

A student shall have passed the minimum number of classes as listed above in the immediately preceding semester/trimester. The record at the end of the semester/trimester shall be final, except for those credits earned in a regular, accredited summer school program and accepted by the school district. Individual schools will honor minimum standards, but may also opt to require more stringent scholarship requirements.

B. Age Limits

Senior High – The student(s) shall be under 20 years of age on September 1 for the fall sport season, on December 1 for the winter sport season, and on March 1 for the spring sports season.

Junior High – Students shall not have reached their 16th birthday prior to June 1 of the previous school year.

C. Athletic Registration/Physical Examination

An athletic registration card must be on file for each student participating in any sports before he/she turns out or is allowed to participate in any sport. The athletic card must include:

- Parent permission and acknowledgement of risk signature
- Student acknowledgement of risk signature
- Evidence of insurance coverage or waiver of insurance coverage
- Physical clearance by physician (see below)
- **Sport Specific Athletic Warning Letter and Safety Guidelines Form**
- Student-Athlete authorization / consent for disclosure of health information.

Physical Examination

During the month period prior to the first participation in interscholastic athletics in a middle level school, and prior to participation in a high school, a student shall undergo a medical examination and be approved for interscholastic competition by a medical authority licensed to perform a physical examination. Prior to each subsequent year of participation, a student shall furnish a statement, signed by a medical authority licensed to perform a physical examination, which provides clearance for continued athletic participation.

Vital Card: In order to participate with the team in practices, a Vital Card must be filled out and returned to the coach prior to the first practice. Vital Cards provide information needed in an emergency situation as to whom to contact, etc.

D. Insurance

It must be indicated on the athletic card that is kept on file with the Athletic Coordinator/School Nurse, that participants are covered by accident insurance during the current season. School insurance is available for students who do not have insurance.

E. Health Insurance Portability and Accountability Act (HIPPA)

While visiting the doctor recently, you most likely were given information about patient privacy. The athletic trainers in the Bethel School District are licensed care providers. As such, your physician can provide us with treatment and conditioning information related to your child's medical condition with your permission. Please help us provide care for your student by signing the attached form and allowing your physician to forward that information to us. If you have any questions about HIPPA and its impact on our athletic program, please speak with a member of our staff.

F. ASB Card

Team members are required to purchase ASB cards. All members of athletic teams are using Associated Student Body purchased equipment and supplies.

G. Participation Fee

Team members are required to pay the participation fee as established by the Bethel School District. The participation fee is due prior to participating in the first contest. **Payment of the participation fee allows a student to participate, but does not guarantee playing time.** Playing time is the responsibility of the coach.

H. Residence Rule

1. The student must reside in the district-designated attendance area for the school he/she attends with a natural parent(s), parent(s) of legal custody, a court-appointed guardian that has acted in that capacity for at least one year; or pursuant to an order of the juvenile court, the Department of Social and Health Services, or similar governmental authority.
2. The student has a current district-approved transfer to attend a school outside of the attendance area for his/her residence as described in Policy 3131. **Any transfer student is not eligible for varsity competition at the high school level for one (1) calendar year unless approved by the District Athletic Eligibility Committee for hardship as defined by WIAA.**
3. A student whose parent(s) or legal guardian(s) reside at different abodes as the result of a divorce of court approved legal separation is allowed one (1) transfer between parents or guardians after entering the ninth grade without being restricted to sub-varsity competition for one (1) year. Any subsequent transfer shall be governed by the transferring student rules and procedures.
4. Any student not otherwise eligible under the residence requirements of section "1" may establish athletic eligibility only by first obtaining approval from the District Eligibility Committee by demonstrating that his/her residence within the attendance area for the school attended is maintained primarily for reasons other than the purpose of participating in competitive athletic activities.

I. Home School Students (Policy 3114)

In order to be eligible to participate in interscholastic contests or competition, the home-based instruction student must:

1. Meet Washington Interscholastic Activities Association (WIAA) and school district eligibility requirement standards required of all other students.
2. Meet and adhere to the same team responsibilities and standards of behavior and performance of other members of the team or squad.
3. Participate as member of the public school that the student would normally attend.
4. Provide to the school administration, acceptable documentation of "full time attendance" academic achievement standards, and any other interscholastic eligibility standards required of all other student participants.
5. Comply with WIAA and local school district regulations during the time of participation.
6. Be in home-based instruction which is in compliance with RCW 28A.27.020 (4).
7. Provide to school authorities, all required forms and WIAA provisions.
8. Be responsible for working with the National Collegiate Athletic Association (NCAA) if they desire college athletic scholarships or participation.

J. Summer Sports Camps

1. A school athlete's participation in a commercial summer camp, school sponsored summer camp, summer clinic, or other similar program in any sport shall not begin until the conclusion of the final WIAA State Tournament of the school year.
2. Participants in a school sponsored Fall sport can not attend any camps or clinics in that sport three (3) weeks prior to the first day of turnouts for each sport if the participant's coach is a clinician/organizer of that camp/clinic. (Refer to 17.7.0 in WIAA Handbook.)

SECTION III – Bethel School District Attendance Policy

Any student participating in an activity shall be expected to attend and participate in all classes on the day of the scheduled activity. On any school day, students must be in attendance at least one half day to participate in practice. In the case of weekday scheduled activities, attendance in all classes the following day shall also be expected. In the cases of weekend scheduled activities, attendance in all classes the previous Friday shall be expected. Failure to comply with these attendance regulations may result in a student being declared ineligible and not allowed to participate in the next scheduled activity. Exceptions to this rule may be made by the building Principal or Designee. Junior high students playing on athletic teams at the high school level may NOT be excused to participate in practice during normal school hours. However, early dismissal allowing for attendance at scheduled contests may be granted.

SECTION IV – School Issued Equipment

- A. School equipment checked out by the student athlete is their responsibility. He/she is expected to keep it clean and in good condition.
- B. Loss of issued equipment or damage to issued equipment will be the student's financial obligation.
- C. Issued equipment is to be used only while participating with the team in practice or during a contest. If coaches desire, players may wear their jerseys to school on game days. However, they are not to be worn at other times without their coach's prior permission.
- D. School uniforms imply school sponsorship and may be worn only during the WIAA season for that sport.

SECTION V – Travel

- A. All athletes must travel to and from athletic contests in transportation provided by the school district. Except that an athlete may return:
 - With their own parent(s) if the parent gives written notice, the coach approves and the parent meets the coach in person after the contest to take his/her athlete (only) home in their own car.
 - In a private car, if the parent sends a written request to the Principal prior to departure and the Principal gives approval to the coach in charge.
 - Individual school administration may develop more specific student-athlete transportation policies.
- B. Athletes will remain with their squad and under the supervision of their coach when attending away contests.
- C. Visiting athletes are direct representatives of their school, community, and home and should conduct themselves accordingly.
- D. Students can ride or drive to off campus practices and game sites for golf, cross country, swimming, bowling and tennis provided the "**Use of Private Car for Transporting Athletes**" form is signed by parent or guardian.

SECTION VI – Amateur Standing

- A. An amateur student-athlete is one who engages in athletics for the physical, mental, social and educational benefits derived therefrom, and to whom athletics is an avocation and not a source of financial reward. In order to maintain amateur standing in those activities under WIAA jurisdiction, the student may not:
 1. Accept merchandise or in-kind gifts of more than \$100 in fair market value during any one calendar year August 1 through July 31. Reduced membership fees or reduced user fees from an athletic club, recreation center, golf course, etc. do not count toward this \$100.
 2. Accept cash awards.

3. Enter competition under a false name.
 4. Accept payment of expense allowances over the actual and necessary expenses for the athletic trip (NOTE: Entry fees are not considered a reimbursable expense.)
 5. Sign or have ever signed a contract to play professional athletics in that sport.
 6. Play or ever played on any professional team in that sport.
 7. Receive or have ever received, directly or indirectly, a salary or any other form of financial assistance) including scholarships, educational grants-in-aid, or any of his/her expenses for reporting to or visiting a professional team) from a professional sports organization.
- B. Student as an Instructor, Supervisor, or Official
Amateur standing will not be jeopardized by instructing, supervising or officiating in any organized youth sports program, recreation, playground or camp activities whether the student-athlete is paid or not paid for these duties.

SECTION VII – 9th Grade Participation at the High School Level

- A. The Bethel School District will allow 9th grade participation at the high school level in the following sports: **Cross Country, Golf, Tennis, Boys Soccer, Girls Swimming and Girls Bowling.**
- B. All forms (available from junior high Principal or Athletic Coordinators) must be completed and signed by all parties as indicated on forms prior to each practice with the high school teams. Athletic registration/physical cards must also be completed and on file with the high school Athletic Coordinator.
- C. Ninth grade athletes will not be permitted to turn out for a high school team in the sports listed above if they are playing on a junior high team when the high school season begins, or if they quit that team in order to turn out for a high school team.
- D. When senior high and junior high seasons overlap, 9th grade athletes must choose one of the two sports in which they wish to participate.
- E. Transportation will be provided for 9th grade participants in high school athletics for practice only through “regular” school bus runs.
- F. Junior high students participating on a high school team **MUST** begin and finish the regular school day (6 periods) before practicing, with exceptions being granted on contest days.

SECTION VIII – 7th and 8th Grade Participation on Junior High Varsity Teams

- A. Bethel School District Policy does allow for 7th grade participation on Varsity/JV teams and 8th grade participation on the Varsity team in accordance with the SPSL Junior High Handbook.

SECTIONS IX – Grievance Procedure for Athletic Suspension

Step 1: Athletes and/or parents may request a grievance hearing if done so in writing to the building Principal or Designee within five (5) school days.

Step 2: The building Principal will review all of the materials provided to determine if the imposed discipline is fair, consistent and equitable, and render a decision within three (3) school days.

Step 3: Athletes and/or parents may appeal the Principal’s decision in writing within five (5) working days to the District Athletic Director. The District Athletic Director will convene the District Eligibility Committee and shall have ten (10) school days to render a written decision. The District Eligibility Committee is comprised of the District Athletic Director, designated building Athletic Administrators and building Athletic Coordinators.

Step 4: Athletes and/or parents may appeal the District Athletic Eligibility Committee’s decision in writing within two (2) working days to the School Board. The athlete and/or parents shall have the right to present a written or oral grievance to the Board of Directors during the Board’s next regular meeting. The Board shall notify the Athlete and/or parents of its response to the grievance within ten (10) working days after the date of the meeting. The suspension shall continue withstanding the implementation of the grievance procedure set forth in this section.

SECTION X – Varsity Letter

Students may earn a Varsity letter at the junior high or high school level by meeting the requirements set forth by the Head Coach in each sport.

PREPARTICIPATION HISTORY AND PHYSICAL EXAMINATION
This form is not required as long as the conditions of WIAA Regulation 18.13.0 are met.

Name: _____ Birth Date: _____ Exam Date: _____

Address: _____ City: _____ Zip: _____

Phone: _____ Sport: _____

HISTORY

- | | Yes | No | |
|-------|--------------------------|--------------------------|----------------------------------------------------------------------------------------------------|
| 1 a. | <input type="checkbox"/> | <input type="checkbox"/> | Have you had any illness/injury recently, or do you have an illness/injury now? |
| b. | <input type="checkbox"/> | <input type="checkbox"/> | Have you had a medical problem, illness or injury since your last exam? |
| c. | <input type="checkbox"/> | <input type="checkbox"/> | Do you have any chronic or recurrent illness? |
| d. | <input type="checkbox"/> | <input type="checkbox"/> | Have you ever had any illness lasting more than a week? |
| e. | <input type="checkbox"/> | <input type="checkbox"/> | Have you ever been hospitalized overnight? |
| f. | <input type="checkbox"/> | <input type="checkbox"/> | Have you had any surgery other than tonsillectomy? |
| g. | <input type="checkbox"/> | <input type="checkbox"/> | Have you ever had any injuries requiring treatment by a physician? |
| h. | <input type="checkbox"/> | <input type="checkbox"/> | Do you have any organ missing other than tonsils (appendix, eye, kidney, testicle, etc.)? |
| 2. | <input type="checkbox"/> | <input type="checkbox"/> | Are you presently taking ANY medications (including birth control pill, vitamin, aspirin, etc.)? |
| 3. | <input type="checkbox"/> | <input type="checkbox"/> | Do you have ANY allergies (medicines, bees, foods, or other factors)? |
| 4 a. | <input type="checkbox"/> | <input type="checkbox"/> | Have you ever had chest pain, dizziness, fainting, passing out during or after exercise? |
| b. | <input type="checkbox"/> | <input type="checkbox"/> | Do you tire more easily or quickly than your friends during exercise? |
| c. | <input type="checkbox"/> | <input type="checkbox"/> | Have you ever had any problem with your blood pressure or your heart? |
| d. | <input type="checkbox"/> | <input type="checkbox"/> | Have any close relatives had heart problems, heart attack or sudden death before they were age 50? |
| 5. | <input type="checkbox"/> | <input type="checkbox"/> | Do you have any skin problems (acne, itching, rashes, etc.)? |
| 6 a. | <input type="checkbox"/> | <input type="checkbox"/> | Have you ever had fainting, convulsions, seizures or severe dizziness? |
| b. | <input type="checkbox"/> | <input type="checkbox"/> | Do you have frequent severe headaches? |
| c. | <input type="checkbox"/> | <input type="checkbox"/> | Have you ever had a "stinger" or "burner" or "pinched nerve"? |
| d. | <input type="checkbox"/> | <input type="checkbox"/> | Have you ever been "knocked out" or "passed out"? |
| e. | <input type="checkbox"/> | <input type="checkbox"/> | Have you ever had a neck or head injury? |
| 7. | <input type="checkbox"/> | <input type="checkbox"/> | Have you ever had heat exhaustion, heat stroke, heat cramps or similar heat-related problems? |
| 8. | <input type="checkbox"/> | <input type="checkbox"/> | Have you had asthma, or trouble breathing, or cough during or after exercise? |
| 9 a. | <input type="checkbox"/> | <input type="checkbox"/> | Do you wear eyeglasses, contact lenses or protective eye wear? |
| b. | <input type="checkbox"/> | <input type="checkbox"/> | Have you had any problem with your eyes or vision? |
| 10. | <input type="checkbox"/> | <input type="checkbox"/> | Do you wear any dental appliance such as braces, bridge, plate, retainer? |
| 11 a. | <input type="checkbox"/> | <input type="checkbox"/> | Have you ever had a knee injury? |
| b. | <input type="checkbox"/> | <input type="checkbox"/> | Have you ever had an ankle injury? |
| c. | <input type="checkbox"/> | <input type="checkbox"/> | Have you ever injured any other joint (shoulder, wrist, fingers, etc.)? |
| d. | <input type="checkbox"/> | <input type="checkbox"/> | Have you ever had a broken bone (fracture)? |
| e. | <input type="checkbox"/> | <input type="checkbox"/> | Have you ever had a cast, splint, or had to use crutches? |
| f. | <input type="checkbox"/> | <input type="checkbox"/> | Must you use special equipment for competition (pads, braces, neck roll, etc.)? |
| 12. | <input type="checkbox"/> | <input type="checkbox"/> | Has it been more than 5 years since your last tetanus booster shot? |
| 13. | <input type="checkbox"/> | <input type="checkbox"/> | Are you worried about your weight? |
| 14. | <input type="checkbox"/> | <input type="checkbox"/> | FEMALES: Have you any menstrual problems? |
| 15. | <input type="checkbox"/> | <input type="checkbox"/> | Have you any medical concerns about participating in your sport? |

***** ATHLETE SHOULD NOT WRITE BELOW THIS LINE *****

EXAMINER'S COMMENTS ON ALL "YES" ANSWERS (refer to question number):

**BETHEL SCHOOL DISTRICT
EXTRA CURRICULAR SIGNATURE APPROVAL FORM**

Please read all information in this packet carefully and return this form to the athletic office with the Emergency Card and Pre-participation Physical Examination form. Any questions can be directed to the Building Athletic Coordinator. We hope your participation in extra-curricular activities in the BETHEL SCHOOL DISTRICT is a rewarding and enjoyable experience!

Student's Name (please print) _____ M F

Grade in School _____ Date of Birth _____ Date of Physical _____

STUDENT ATHLETIC/ACTIVITIES HANDBOOK

We have read the Student Athletic/Activities Handbook. We understand all information provided fully including philosophy, expectations, eligibility for participation, general regulations, athletic code of conduct, disciplinary action and WIAA requirements. My child, whose name is printed above, and I agree that he/she meets all WIAA requirements and agree to follow all Bethel School District Policies.

PARENT/GUARDIAN SIGNATURE _____ STUDENT SIGNATURE _____

Circle the sport(s) in which you will be participating during the 2007-2008 school year in the BETHEL SCHOOL DISTRICT: football, volleyball, cross country, tennis, golf, basketball, wrestling, girls bowling, baseball, fastpitch, track, soccer, girls lacrosse or girls swimming.

MANDATORY ACCIDENT INSURANCE

(Check One)

Option 1 _____ My son/daughter is currently enrolled in the Student Accident Insurance Program offered through the Bethel School District.

Option 2 _____ My child is covered by the insurance listed below and I will continue to keep it in force throughout the sports season. If there are any changes in this status, I will contact the school to inform them of changes in insurance. The high school principal or designee is authorized to contact the company named below to verify coverage limitations. I accept full responsibility for the cost of treatment of any injury that my son/daughter may suffer while taking part in the program.

Name of Company Providing Insurance: _____

Policy or Group #: _____

PARENT/GUARDIAN SIGNATURE _____ STUDENT SIGNATURE _____

ATHLETIC ELIGIBILITY

Please accurately answer the following questions pertaining to athletic eligibility. It is extremely important to give accurate information. A parent/guardian who provides the school with false information may result in the participant being declared ineligible from interscholastic competition for a period of one year.

- Yes No The above student is under 20 years of age.
Yes No The above student resides within Bethel School District boundaries & is attending his/her school of residence.
Yes No The above student resides with his/her parents/legal guardians.
Yes No The above student was in attendance in school at least 15 weeks of the previous semester.
Yes No The above student passed 4 of 6 (6 period day) or 3 of 4 (4 period day) during the previous semester, depending on school schedule.
Yes No The above student is presently enrolled in the Bethel School District with a minimum of 4 full credit classes in a 6 period day and 3 in a 4 period day.

Is student: Running Start Home Schooled Alternative School Other : _____

School attended last year: _____ From (Year): _____ To (Year): _____

PARENT/GUARDIAN SIGNATURE: _____ STUDENT SIGNATURE: _____

ASSUMPTION OF RISK/INFORMED CONSENT

Participation in athletics is the Bethel School District is a voluntary, extracurricular activity. While we are doing a great number of things to minimize injury, we are concerned about the potential injury problem we have in a number of sports. The severity of such injury can range from minor cuts, scrapes, muscle strain, or broken bones, to catastrophic injury such as a complete paralysis or even death. No amount of reasonable supervision or training can completely eliminate this possible risk. Your signature below indicates that you have been advised of the risks of injuries, that you assume that risk and you fully understand that you are legally responsible for any medical expenses incurred during participation in the interscholastic program. In consideration of the above warning and assumption of risk, I give permission for my student, _____, to participate in the athletic program and to engage in all activities related to the team.

PARENT/GUARDIAN SIGNATURE: _____ **STUDENT SIGNATURE:** _____

CONSENT FOR DISCLOSURE

I hereby authorize the physicians, athletic trainers, sports medicine staff and other health care personnel treating me to release information regarding the student-athlete's protected health information and related information regarding any injury or illness during the student-athlete's training for participation in the Bethel School District. I further understand that it is at my request to comply with the requirements of his/her school and the release of protected health information to a coach, athletic director, or school official in connection with participation in interscholastic sports. This protected health information may concern the student-athlete's medical status, medical condition, injuries, prognosis, diagnosis, athletic participation status, and related personally identifiable health information. This protected health information may be released to other health care providers, hospitals, and/or medical clinics and laboratories, athletic coaches, medical insurance coordinators, athletic and/or school administrators, and officials of the WIAA.

I, _____, parent or guardian of _____, understand that as a parent/legal guardian give authorization/consent for the disclosure of the student-athlete's protected health information is a condition for participation as an interscholastic athlete in the Bethel School District of the purpose of the undersigned student-athlete to participate in interscholastic sports. I understand that my protected health information is protected by the federal regulations under either the Health Information Portability and Accountability Act (HIPPA) or the Family Educational Right and Privacy Act of 1974 (FERPA) and may not be disclosed without either parent/legal guardian authorization under HIPPA or consent under the Buckley Amendment. I, the parent/legal guardian understand that once information is disclosed per authorization or consent, the information is subject to re-disclosure and may no longer be protected by HIPPA and/or FERPA. I, the parent/legal guardian, understand that I may revoke this authorization/consent at any time by notifying in writing the school's athletic director, but if I do, it will not have any effect on the actions of the Bethel School District officials taken in reliance to this authorization/consent prior to receiving the revocation. This authorization/consent expires one year for the date it is signed.

PARENT/GUARDIAN SIGNATURE: _____ **STUDENT SIGNATURE:** _____

Date: _____ **Date:** _____

STUDENT'S AGREEMENT

I agree that I shall at all times while attending Bethel School District Schools, live up to the standards of conduct and training rules set down by the coaching staff and administration of the school as stated in the Bethel School District Athletic Handbook. If, at any time during my attendance in the Bethel School District, I break these rules, I understand that my privilege of participation in school athletics may be suspended.

SIGNATURE OF STUDENT ATHLETE _____ **DATE** _____